

# Spinal Cord Rehabilitation



Patients in the Washington, D.C., region consistently choose Adventist HealthCare Rehabilitation. As part of our comprehensive programs of specialized care, we provided high-quality therapy for **2,167 patients in 2023** including\*:

**184** Paraplegia patients

**74** Tetraplegia patients

## Convenient Locations

### Inpatient

Phone: 240-864-6000

- **Adventist HealthCare Rehabilitation – Rockville**  
9909 Medical Center Dr. | Rockville, MD 20850
- **Adventist HealthCare Rehabilitation – White Oak**  
11890 Healing Way, 6S | Silver Spring, MD 20904

### Outpatient

Phone: 240-864-6202

- **Rockville**  
9909 Medical Center Dr. | Rockville, MD 20850
- **Silver Spring**  
8807 Colesville Rd., 3rd Floor | Silver Spring, MD 20910
- **White Oak**  
11886 Healing Way, Ste. 306 | Silver Spring, MD 20904
- **Crown**  
117 Ellington Blvd. | Gaithersburg, MD 20878
- **Fort Washington**  
10905 Fort Washington Rd., Ste. 301 | Fort Washington, MD 20744
- **Limb Loss Rehabilitation**  
(at Medical Center Orthotics and Prosthetics)  
2421 Linden Ln. | Silver Spring, MD 20910
- **Lymphedema and Cancer Rehabilitation**  
(at Shady Grove Aquilino Cancer Center)  
9905 Medical Center Dr., Ste. 310 | Rockville, MD 20850

## Award-Winning Care



We are accredited by The Joint Commission, the nation's leading healthcare accrediting agency, which reflects our commitment to providing the safest and most effective care possible.

We are the first acute rehabilitation facility in a five-state area to be accredited for our comprehensive, integrated inpatient rehabilitation programs by the Commission on Accreditation of Rehabilitation Facilities (CARF).



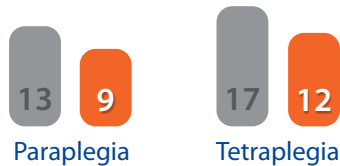
Learn more at [AdventistRehab.com](https://www.AdventistRehab.com)

# Spinal Cord Rehabilitation



**Responsive:** Our patients are welcomed into our hospital care as soon as possible after their injury or illness.

■ Regional average days until care  
■ AHC Rehab average days until care



**Balanced:** We understand the complexities that both men and women face in their rehabilitation.

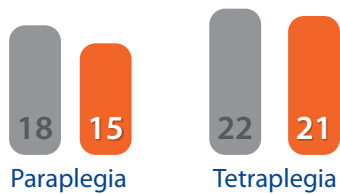


Paraplegic: 38% male, 62% female  
Tetraplegic: 62% male, 38% female

**Effective:** Our patients achieve their goals in a shorter length of time so they can return home faster.



■ Regional average days of stay  
■ AHC Rehab average days of stay

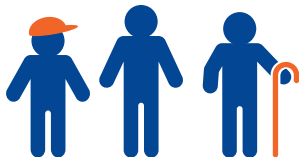


**Results-oriented:** In order to ensure the best outcomes, we measure how much each patient has improved each day. Our patients' daily improvement is among the highest in the region.



**22%** higher daily improvement than the average regional patient

**Personalized:** We treated patients ranging from 22 to 91 years of age in our paraplegic spinal cord program and 37 to 90 years of age in our tetraplegic program with the average being 70 years of age.



**Compassionate:** Our patients consistently report positive satisfaction ratings about our hospital and care to an independent auditor.



**Customized:** Our patients receive intensive rehabilitation therapy. Our spinal cord program patients on average participated in 15.7 hours of therapy a week for tetraplegic and 15.6 for paraplegic.



**Successful:** More than 73% of our paraplegic patients and 70% of our tetraplegic patients returned to their homes after leaving our hospital.

Some patients' needs were best met by other support, including care in an acute-care hospital or in a skilled nursing facility.



[\\*Click here for more information on Patient Outcomes](#)