

Physician Order

Cardiac Rehabilitation at Adventist HealthCare Rehabilitation

11886 Healing Way, Suite 306
Silver Spring, MD 20904
Phone: 240-637-6016

Center for Fitness and Health at Shady Grove Medical Center

9715 Medical Center Drive, Suite 130
Rockville, MD 20850
Phone: 240-826-6662

Patient Name _____ Date of Birth _____

Phone _____ Email _____

Date of MI/Procedure _____ N/A Date of Hospital Discharge _____ N/A

Diagnosis (select all appropriate):

Cardiac

- Angina
- MI
- PCI
- Valve Surgery
- Heart Transplant
- PAD
- CABG
- CHF
Class: _____
EF: _____

Pulmonary

- COPD
- Restrictive Lung Disease
- Sarcoidosis
- Pulmonary Fibrosis
- Pulmonary Hypertension
- Lung Transplant
- Oxygen Use/Titration: _____
- Oxygen continuous @ _____ L/m NC @rest
- Oxygen use: _____ L prn with exertion/titrate to sat >90%

Other Diagnoses (specify):

I certify as medically necessary for this patient the following treatment(s):

- Cardiac Rehabilitation (Phase II)
- Pulmonary Rehabilitation (*Center for Fitness and Health site only*)
- Peripheral Artery Disease Rehabilitation (Supervised exercise therapy and risk factor reduction)
- Enhanced External Counterpulsation (EECP) (*Center for Fitness and Health site only*)
- Cardiac Maintenance Program (Phase III) (*Center for Fitness and Health site only*)

Additional Orders/Comments:

Physician Signature _____

Physician Name (Print) _____ Date _____

Cardiac and Pulmonary Rehabilitation Locations

Center for Fitness and Health at Shady Grove Medical Center



9715 Medical Center Drive, Suite 130
Rockville, MD 20850

Phone: 240-826-6662

Fax: 240-826-5815

Cardiac Rehabilitation at Adventist HealthCare Rehabilitation



White Oak Medical Pavilion
11886 Healing Way, Suite 306
Silver Spring, MD 20904

Phone: 240-637-6016

Fax: 301-388-7620

Key:

 Cardiac Rehabilitation

 PAD Rehabilitation

 Pulmonary Rehabilitation

 Enhanced External
Counterpulsation (EECP)

 Phase III Cardiac
Maintenance Program